

SPORTS MEDICINE

LYN LAKE CHIROPRACTIC



Lyn Lake Chiropractic cares for professional athletes, those striving for personal goals, and dedicated fans. Dr. Schreifels and Dr. Field are avid marathon runners who understand the need for chiropractic care as it relates to staying healthy in the quest to achieve personal goals. They provide comprehensive care for the patient's entire body - knees, hips, elbows, back - to find the pain's cause and to let the patient return to enjoying their life. They also specialize in auto injuries, bulging/herniated discs, headaches, low back pain, and sciatica.

They are the **Official Chiropractors of the Medtronic Twin Cities Marathon**, work with **Team USA Minnesota Athletes**, and provide care and injury prevention seminars to numerous running groups around the Twin Cities.

Staff includes certified personal trainers and massage therapists to assist in rehab and injury prevention. Modalities utilized include ultrasound, cold laser therapy, EMS, and Game Ready Icing system.

